

This is to certify that

Dr. Silke Kissenbeck

has attended, in its entirety,
the following activity sponsored by the Center for Mindful Self-Compassion

Teaching Self-Compassion Online (TSCO)

August 2020

Dr. Silke Kissenbeck is now authorized to teach the Short Course in Mindful Self-Compassion (SC-
MSC) in an online format.



Steve Hickman, CMSC Executive Director



**Center for
Mindful Self-Compassion**

With SCHC Teacher Trainers:
Arve Thürmann & Hilde
Steinhauser